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HEMI-LYNC

Making Global Connections

Hemi-Lync is a print media network bulletin board—a communication device—for connecting you with people, events, and publications around the world that have something to share about Hemi-Sync. It's your forum and we encourage you to use it. The items posted in this issue represent only a few of the Hemi-Lync possibilities.

Appearances

The 1999 symposium on "The Effects of Ions, EMFs, and Magnetism on the Human System" was held March 18-19 in Toronto, Ontario, Canada. James B. Beal, a member of The Monroe Institute's Board of Advisors and Professional Division, delivered an address on "Field Effects Associated with Living Systems." Jim drew attention to Hemi-Sync's potential for relieving stress—a major contributor to the severity of environmentally induced autoimmune syndromes.

New Books

TMI Professional Member David Atkinson was diagnosed in 1991 with a motor neuron condition that strongly resembled Lou Gehrig's disease, which is considered incurable. In *Hope Springs Eternal: Surviving a Chronic Illness*, David tells how he used traditional and alternative treatments, suggestions from the Edgar Cayce readings, and Hemi-Sync to slow and reverse most of his debilitating symptoms. He now devotes his life to helping others with similar "hopeless" prognoses.

The intrepid group of Explorers who collaborated with Bob Monroe in his early investigations of human consciousness and nonphysical reality laid the foundation for The Monroe Institute as it exists today. In *Cosmic Journeys: My Out-of-Body Explorations* with Robert A. Monroe, Rosalind A. McKnight (Explorer ROMC) tells the inside story of those formative years with warmth, wit, and style. *Cosmic Journeys* includes a foreword by Laurie A. Monroe.

Even as a child, Angela Thompson Smith had the ability to “look” beyond the limits of time/space. *Remote Perceptions: Out-of-Body Experiences, Remote Viewing, and Other Normal Abilities* chronicles how she honed her talent and discovered its many practical applications. Angela gives concise guidelines for using “The Monroe Method” as an aid for developing extraordinary perceptual skills. She also discusses using the expanded states of awareness that the Hemi-Sync process makes available as stepping-stones to the out-of-body experience.

Magazines

“Students Sleep through Class to Earn an 'A'” by Stefan J. Kasian, AB, appeared in the 1999 Annual National Edition of *College Bound Magazine*. Stefan described the Hemi-Sync module of Duke University's full-credit course on the Ethics of Consciousness Technology. Hemi-Sync was used as an introduction to “flow states,” which optimize peak performance in school and sports. TMI's website address was provided.

En Grupo, no. 2, April/May/June 1998, a Spanish magazine covering advancements in child education, published “Hemi-Sync: Una sutil tecnología del sonido al servicio del aprendizaje escolar.” The five-page article consisted of an interview with Professional Member and workshop presenter Carol Sabick, statistics demonstrating that Hemi-Sync enhances memory and attention, specific tape recommendations, and contact information for the Institute.

Newsletters

The Society for Effective Affective Learning (SEAL) in Great Britain published “Hemispheric Synchronization: An aid to learning” in the *SEAL Newsletter*, Oct./Nov./Dec. 1998. Author Ronald Russell, MA, a member of TMI's Board of Advisors, gave readers a condensed overview of Hemi-Sync as an intervention in learning environments and included specific examples to pique the interest of the uninitiated. The Institute's address and phone number *were listed*.